

Implementing Stop the Bleed at Skidmore College

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POSTER PRESENTATION ABSTRACT

Introduction: Stop the Bleed is a national initiative to increase bystander awareness on how to control a life-threatening hemorrhage, a skill that is becoming more imperative with the increase in mass casualty incidents. Inspired by the Binghamton University presentation at the 2017 NCEMSF conference, Skidmore College Emergency Medical Services (SCEMS) brought Stop to Bleed to Skidmore College, an upstate New York liberal arts college of 2,500 students. **Program Development & Implementation:** In celebration of National Collegiate EMS Week in November 2017, our team organized 20 free bleeding control trainings on direct pressure, tourniquet usage and improvisation, and wound packing. To make bleeding control equipment more accessible, we petitioned for kits that include tourniquets, gauze, gloves, shears, and an instructional booklet. These kits will be placed next to AEDs in academic buildings, dining halls, and student centers. A total of \$5,000 was incorporated into the Skidmore Campus Safety 2018 budget proposal through collaboration between SCEMS leadership and Skidmore administrators. A Community Education Division within SCEMS was established to continue Stop the Bleed trainings. **Program Evaluation:** During National Collegiate EMS Week, over 60 members of our Skidmore community, which includes Skidmore students, professors, faculty, and local high school students, became bleeding control certified as per guidelines established by the American College of Surgeons. An additional 10 faculty members were certified after we led a requested training at our on-campus child care center. **Discussion/Conclusion:** Future division goals for the program include designing courses specifically for Skidmore professors and faculty members, certifying all of the Skidmore College sports teams, and holding trainings at local high schools in the Saratoga county region.

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